



Culinary Adventures

-  Dress in authentic medieval costumes and discover medieval mysteries of Tallinn Old Town together with real monks
-  Take part in a teambuilding and strategy game to discover Estonian culinary heritage
-  Go to a culinary journey back in time from the Middle Ages to the contemporary Nordic cuisine
-  Visit a medieval merchant house, monastery and the oldest pharmacy in Europe to explore Medieval eating, drinking and healing traditions
-  Get to know the Estonian ethnic heritage while tasting simple country-style food
-  Find out about food transformation in the Soviet era while visiting an authentic Soviet cafe
-  Discover the inventive dishes of the modern Nordic cuisine in bohemian eateries
-  Join a fun city quest and explore the medieval mysteries of Tallinn Old Town, as well as the modern life style, local people's mentality, and of course culinary heritage. It is a combination of teambuilding, sightseeing and strategy game, when the entertaining and challenging assignments will help you to discover Estonian eating and drinking culture.
-  Utilize your team detective skills and be ready for real culinary adventures from the Middle Ages to the contemporary Nordic cousin.

Start with a visit to a medieval merchant's house to learn about medieval cuisine and taste the specialties of the house. Later, find the oldest pharmacy in Europe where you can drink the medieval herbal drink Claret (although, back in those days, the real holy drink was made not in pharmacies, but in the breweries of Catholic monasteries). Your next assignment will be to sample the famous beers in a distinctly medieval way.

Continue to your culinary discoveries in different times and visit a countryside house where the décor and food reflect the nation's ethnic heritage. Taste some hearty and simple food dishes while enjoying folk songs and dances. What about the culinary traditions of the Soviet era? Find an authentic cafe with cool nostalgic details from the Soviet era. It's still a favourite place for the older generation which has lived most of their lives during the Soviet occupation.

The last stop in your journey will be in a Bohemian area dedicated to the hipster style eateries and local produce where you'll get the best feel of the locals' lifestyle. Discover the inventive dishes of the modern Estonian cuisine, the art expositions and beautiful antiques.

